

SAYSO HAWK NEWS

October 9, 2010

Volume 5

www.aysoregion121.org

AYSOREGION 527-5811

Commissioner's Update

As things are changing in this world so is soccer. This copy of the SAYSO Newsletter is going to be the last printed issue. We are going green and will post the newsletter online. There has been a lack of concern from parents to pick up the newsletter at the field tents so we are discontinuing the printed version.

The newsletter will have a new title: **SAYSO Hawk News**. This is in line with our new mascot the Simi Hawk. To view additional newsletters go to aysoregion121.org and you will see a link to where you can find all newsletters.

If you are interested in the standings for the week they will be posted online. Go to the website: aysoregion121.org highlight players and then click on standings. You can find all the information there.

Picture day make up is Oct. 23 – for more info go to the website highlight players, highlight picture day and click on picture day info.

All communication and information is going to be transferred to the regional website. Our main phone number 805-527-5811 is for weather cancellation only. All other questions or problems must go through your coach or division director.

Sincerely,
Russell S. Platamone
Simi Valley Region 121 Regional Commissioner

Speed Limit is 5 miles per hour



There have been several reported incidents of vehicles being driven too fast in our parking lot. Certainly no one needs to be reminded of the possibility of children running into the path of moving cars. PLEASE, PLEASE take every precaution while moving in and out of the lot. Thank you.

Safety Never Sleeps

INCIDENT REPORT FORMS

AYSO Incident Reports are a fact sheet to document that something critical has occurred. Filling out an Incident Report immediately after an injury, property damage or any other incident allows us to capture facts and contact information before witnesses leave the field. Incident Reports are not only a best practice, but also required by AYSO National to ensure proper follow up can be made. They are also required in the event that a player's parent/guardian needs to file an insurance claim.

Incident Reports should be completed by any Region staff - coach, official, division director and others - witnessing any serious incident involving, but not limited to:

- Injuries*
- Threats of bodily harm
- Fighting whether or not a serious injury occurs
- Property damage
- Hospitalization of a participant
- Law enforcement summoned
- Service or notification of pending lawsuit

Completing an Incident Report is not limited to incidents involving players. The Incident Report should be completed for any incident involving any AYSO participant: players, coaches, referees, parents, volunteers and spectators.

*Injuries include, but are not limited to:

- any injury that causes a player to be removed from a game and prevents them from returning to the game
- any incident severe enough to require the participant to be seen by a doctor
- any incident causing the affected participant to bleed; ie. an abrasion

When an incident occurs, please complete an Incident Report form as soon as possible so that all information is fresh in everyone's mind, and to ensure that contact information for all witnesses is collected. Please notify the Region 42 Safety Director as soon as possible (e-mail or phone) that an incident has occurred (see below). Please complete the Incident Report form as soon as possible and deliver it to the Region 121 Safety Director at the earliest opportunity.

PARTICIPATION RELEASE FORMS

Anytime a player has suffered an illness or injury that required the care of a physician or visit to an emergency care facility, **REGARDLESS OF WHETHER OR NOT THE CAUSE WAS AYSO RELATED**, an AYSO Participation Release Form must be completed and signed by the player's parent or guardian and provided to the coach so that the coach is aware that the player can participate. The coach should then deliver the completed form to the Region 121 Safety Director as soon as possible.

For example: A player misses a practice or game because a doctor ordered them to have no physical activity due to an asthma condition. The coach should provide a Participation Release Form to the parent or guardian of the player. The parent or guardian must complete the form before the player can participate again in AYSO activities. (A player that misses a game due to a cold that does not require a doctor's care does not require a form to be completed.)

FORMS

Copies of the Incident Report Form and the Participation Release Form can be downloaded from our website. Log on to aysoregion121.org, highlight Insurance/Injury and click on Insurance or Safety and Injury Forms.



GAME

STATS



U10 GIRLS

Team #	Team Name	Coach	Wins	Losses	Ties	Cards	Points
3	Pop Rocks	Ma	3	0	1	0	10
8	Mint Condition	Michelsen	3	1	0	0	9
13	Great Whites	Crawford	3	1	0	0	9
15	Orange Crush	Martin	3	1	0	0	9
9	Scorpions	Muench	2	1	1	0	7
4	Lucky Charms	Buchan	2	2	0	0	6
6	Sting	Feezor	2	2	0	0	6
7	Lime Attack	Pitassi	2	2	0	0	6
2	Blue Lightning	Lichstein	1	1	2	0	5
1	Golden Eagles	Brittingham	1	2	1	0	4
10	Blue Angels	Davis	1	2	1	0	4
12	Turquoise Turtles	Olivares	1	2	1	0	4
14	California Suns	Langford	1	2	1	0	4
16	Bandits	DaCorsi	1	2	1	0	4
5	Missfits	Nilsen	0	2	2	0	2
11	Skittles	Monroe	0	3	1	0	1

U12 GIRLS

Team #	Team Name	Coach	Wins	Losses	Ties	Cards	Points
4	TNT	Barnard	4	0	0	0	12
1	Vampire Peeps	Chelonis	3	1	0	0	9
7	Gold Rush	Czach	3	1	0	0	9
8	Blockbusters	Grzywacz	3	1	0	0	9
5	Killer Sharks	Wood	1	2	1	0	4
2	Ninja Turtles	Ripling	1	3	0	0	3
6	Red Hawks	Mehr	0	3	1	0	1
3	Feisty Fuchsia Warriors	Michelsen	0	4	0	0	0

U12 BOYS

Team #	Team Name	Coach	Wins	Losses	Ties	Cards	Points
5	Blue Tigers	Barnard	2	0	2	0	8
4	Knights	Hardy	2	1	1	0	7
2	Golden Dragons	Pugliese	2	2	0	0	6
3	Hunters	Goodwin	1	0	3	0	6
8	Spitfire	Eisenberg	1	1	2	0	5
6	Cosmic Kickers	Lawrence	0	4	0	0	0

U10 BOYS

Team #	Team Name	Coach	Wins	Losses	Ties	Cards	Points
4	Cobra Kais	Ruiz	4	0	0	0	12
9	Strikers	Corrugedo	4	0	0	0	12
12	Flames	Platt	4	0	0	0	12
3	Blue Lightning	Tone	3	1	0	0	9
10	Mean Green Machine	McMillan	3	1	0	0	9
1	Black Ops	Enos	2	2	0	0	6
11	Lightning Eagles	Mehr	2	2	0	0	6
6	Eagles #6	Rose	1	3	0	0	3
8	Longhorns	Kaya	1	3	0	0	3
2	Snipers	Czach	0	4	0	0	0
5	Predators	Barlow	0	4	0	0	0
7	TNT	Fligiel	0	4	0	0	0

U14 GIRLS

Team #	Team Name	Coach	Wins	Losses	Ties	Cards	Points
1	Neon Dinosaurs	McCormick	3	0	1	0	10
3	Tsunami	Schussman	3	1	0	0	9
2	Crush United	Irvin	0	2	2	0	2
4	Mellon Heads	Slack	0	3	1	0	1

U14 BOYS

Team #	Team Name	Coach	Wins	Losses	Ties	Cards	Points
1	Blew By You	Czach	3	0	1	0	10
4	Paulo	Pugliese	3	1	0	0	9
2	Silver Bullets	Nelson	1	2	1	0	4
3	Real Madrid	Ruesga	0	4	0	0	0

AND NOW A WORD FROM OUR SPONSORSHIP CHAIR...BOB LANG

We are now halfway through the season and except for the unpredictable weather it has been a very stable year so far. Many teams are in the running for playoff berths. The last few weeks of the season are going to be great to watch!

Discount Cards – ONLY A COUPLE OF WEEKS LEFT TO GET YOUR CARDS SOLD! We have until the middle of the month to get it done, make sure you turn your \$\$\$ into me as soon as possible. Find me at the tent or walking around the fields. Below is prize list, too. Sell these many cards and win the respective prize...it's that easy. **Also, cards can be exchanged for OTHER CITIES in Southern California for free. So, if you sell a card to someone outside of Simi they can call the number on the front of the card and exchange it, no questions asked!**

*Presenting the best of yourself on the field shows the best of AYSO. What I'm talking about is attitude. Bring your best attitude to the games and all will see it. It's not just about the players; it's the parents, coaches and referees. We too often get caught up in the competition of the game, leaving behind our best intents...**having fun**. Sure, winning is fun....but if you win gracefully and with dignity, you don't harm your opponent or lessen their experience (and the referees will give you a smile, too!). After all, we have all been on the losing side at one time or another...and how did it feel to see the winning team rub it in your face? Not too good. Good sportsmanship and humility are strong qualities that make for model citizens. Too often we find professional athletes portray selfish tendencies, and who are our children's heroes? I'd like to think the parents are their heroes, so let's all be proud and display the positive attitude about playing the game...whether it's a cheer or an arm around a shoulder or a hug. Regardless of the final score, let's keep our kids smiling and feeling positive!*

Pick up your FREE soccer ball if you have your certificate at Jim's Tireman or Tire Pros. **LAST DAY IS OCT 11.**

Keep those sponsorships coming! They are the lifeblood of our region and the connection with the community. If you don't ask they are saying NO indirectly. It's not too late, ask your family, friends, and business associates...our teams receive a nice check toward their team party, and the sponsor will receive recognition and a beautiful plaque!

Thanks to all for your support of Region 121 Simi Valley!



Community Card Information

Make sure you check out the prize list below for the [Simi Discount Card](#) Program. Selling ADDITIONAL cards could net you these fantastic prizes.

In order to stimulate sales, we will reward you with some great prizes if sales goals are achieved. Once I receive the funds and confirmation of selling the required number of cards then you will receive one of the prizes listed below.

<u>Weekly Prizes:</u>	<u>#of cards sold</u>	
Soccer Registration (for 2011)	25 (one time only)	Achieve these levels and be eligible for ONE prize per person
<u>Golden Yearly Prizes</u>		
iPod	50 or more	
End of year pizza party	50 or more	
Galaxy Tickets	75	
Disney Tickets	100	

Dining Out with AYSO Region 121

*They say the way to a man's heart is
through his stomach!*

We have partnered with some great restaurants here in Simi to provide some excellent value to you and also support our region. The following dining out programs are in place to help you make some great dining choices

AYSO Night at Red Robin

Join us for a great night of burgers, fries, salads and other fare on **Wednesday October 20** at the Town Center Mall. Flyers will be handed out at the fields the next couple weeks, make sure you bring this in with you so we are 'counted'. Our region will receive 18% back from every sale! Please support this very important fundraiser for us, the ONLY one of the year. More details to follow.

Islands Restaurant Promotion

Islands, a regular sponsor for AYSO, up near the Town Center Mall north of the freeway has offered several different options for eaters looking for a great value.

- ♥ Kids coming in uniform after their game receive a free kids meal.
- ♥ Large parties (after season?), children receive a free kids meal. This is a great deal for teams that wish to have their team parties here.
- ♥ Tuesdays, kids eat free!
- ♥ Use your golden pineapples (soon to be released) anytime for a free kids meal

Big Z Comes Through

You may notice TWO banner flags with Big Z on them. They have stepped up BIG TIME in support of our region. As a result they are offering everyone generous discounts on dining. During the week there are discounted pizza promotions, and for October 30 they have set up an amazing fun zone for kids to celebrate Halloween. Flyers are at the tent.

NOTE: Many teams have their team parties at Big Z, so I encourage you to make your reservations NOW, as they tell me slots will fill quickly. Weekends are sold out very early.

Team Sponsorships

Thank You Thank You

Able Construction

Fur Pet Salon

Leana Baer

Simi Valley Firestone

ANB Pharmacy

Perry's Automotive

Andy's Automotive

Adam Cavalier

Ryan Parkinson

SA Recycling

Allied Emerg Physicians

Simi Police Officers Assoc.

Copware

Pacific Island Sportfishing

BIG Z

Islands

The Sport Authority



Keep the sponsorships coming



direct free kick

REFEREE CORNER



indirect free kick

Direct vs. Indirect Free Kicks

By Keith Krasnigor, Referee Administrator

The ball is on the field of play and the referee has blown his whistle for an offence. How does the match get re-started? Is it a **direct free kick** (DFK) or an **indirect free kick** (IFK)? What's the difference? These issues can sometimes cause confusion for spectators, players, and sometimes even beginning coaches. My goal here is to help identify the differences between DFKs and IFKs in terms of procedures and when one or the other is awarded.

As a spectator, player, or coach, the easiest way to identify whether the free kick will be a DFK or an IFK is to watch the referee. If after blowing the whistle, the referee raises his arm straight above his head, the kick is being signaled as indirect. If the arm is not held straight up, the kick is being signaled as direct.

So, what's the difference? With a DFK, the attacker can score by kicking the ball directly in to the opponent's goal – and what an exciting time that is for the attacking team and their spectators! With an IFK, the ball must touch at least one other player before going in the goal for the goal to be valid. That player could be a teammate who takes a shot, or it could even be a deflection off an opponent, including the goalkeeper. The key is that for an IFK to result in a goal it has to touch another player first. If it doesn't (that is, it goes directly into the goal without another player touching it) the result is a goal kick for the defending team.

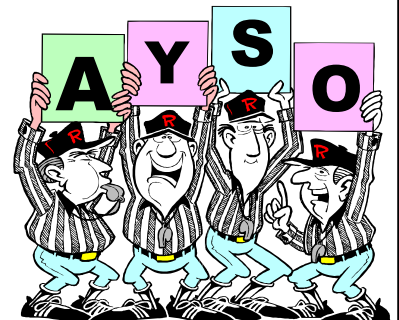
Different offences call for different types of free kicks. DFKs are given for most of the fouls we see (e.g., kicking, tripping, pushing, or holding an opponent, or deliberately handling the ball). Note that if these offences are committed by the defense in its own penalty area, the result is a Penalty Kick, but that will have to wait for next week's column.

IFKs are given for a variety of offences: The goalkeeper wasting time with the ball in her hands, or the goalkeeper touching the ball with her hands (1) after having released it back into play (before it touches another player), (2) after having received it directly from a throw-in by a teammate, or (3) after it has been deliberately kicked to her by a teammate. IFKs are also given if a player plays in a dangerous manner, impedes the progress of an opponent (while not playing the ball), or prevents the goalkeeper from releasing the ball back into play. If the referee stops play to issue a yellow or red card to a player on the field of play (for an infraction that does not normally result in a DFK), the re-start is an IFK as well.

You will also see IFKs for offside and technical offences: for example, a player touching the ball a second time after putting the ball into play with a corner kick, goal kick, kick off, free kick, or throw-in (sometimes called a "double touch"), and violations of the Law concerning Penalty Kicks.

To learn more, check out Law 12 in the Laws of The Game.

See you on the pitch!





Trophy Update



All coaches from the U6, U8, U10, U12, and U14 Divisions must have turned in their team ratings for the team to receive their trophies. Coaches who do not turn in ratings will not receive their team trophies.

Participation trophies will be available for the U5 Division on Saturday November 6th at the Jamboree participation, which takes place at the RSSP Fields.

Participation trophies for the VIP, U6, U10, U12 and U14 Divisions will be available for pick up on Saturday, November 13th and Saturday, November 20th at the RSSP Fields.

Participation trophies for the U8 Division will be available for pick up on Saturday, November 13th and Saturday, November 20th at the Berylwood Fields.

Participation trophies for the Extra Team Division will be available for pick up on Saturday, November 13th and Saturday, November 20th at the RSSP Fields.

Trophies for the 1st, 2nd, and 3rd place teams for the U10, U12 and U14 Divisions may be available on Saturday, November 13th depending on the standings. If the standings are too close to call, trophies will be available on Saturday, November 20th when games are completed and scores can be calculated with final points. Teams that are vying for the top spots and do not make it will receive their participation trophies on the last day of play.

If there is a weather cancellation on the last day of play a final calculation will be made and coaches will be able to pick up their trophies from 8am to noon at the RSSP Fields.

If there are any spelling mistakes please take your trophy to American Trophies and Awards. The address and phone number are located on the bottom of each trophy.

Sincerely,
Cheryl Platamone
Simi Valley Region 121 Trophy Director

Region 121 Education Update

Painting Fields and Trash Cans



Painting fields is very simple – get hold of a painting unit, shake the paint can for about 2 minutes and then place the can in the paint holder in the front of the unit, line up the painter on the lines you are going to paint and then pull up on the paint unit handle. Start walking as the paint is distributed. When you are close to the end of the line release the paint handle.

When painting a field you need to go back and forth only once each. One time does not put down enough paint.

When the can runs out of paint place it back in the box upside down so we know the can is empty. Once you finish the field return the painter to the field tent or storage bin area. Thank you

Landon Donovan



**Los Angeles Galaxy, U.S. National Team
Forward**

Age started playing soccer: 2

Favorite AYSO memory: I started playing AYSO when I was 5. Before that, my older brother, Josh, would take me out to the backyard and kick the ball around with me. My favorite AYSO memory is that I got to play on the same team as my best friend when I was 8 years old.

What he loved about AYSO: The beauty of AYSO was that you had kids from all walks of life who just wanted to be active and run around and play soccer. I started playing club soccer at the age of 10 but I wanted to continue playing AYSO because I enjoyed the camaraderie and the ability to just play for the love of playing. The games were still competitive but they never revolved around winning.

Advice for the first-time coach: One of my biggest pet peeves is youth team coaches who take winning too seriously. This has always bothered me, and I always tell coaches to forget about winning with young players. They need to create an environment where the kids enjoy playing and are developing their soccer skills. Winning should never be a priority.

Julie Foudy



**U.S. Women's National Soccer Team, 1987-2004
Midfielder**

1991 & 1999 World Cup champion 1996 & 2004 Olympic Gold Medalist In-studio Soccer Analyst for ABC and ESPN

Age started playing soccer: 7

Why she loves AYSO: AYSO emphasizes all the positives of soccer: the enjoyment that kids get from the sport, understanding how to play on a team and be a good teammate, and developing skills in a fun environment. I watched my nieces and nephews go through AYSO and I look forward to watching my own kids enjoy soccer through AYSO!

Favorite AYSO memory: My AYSO coach gave us fun prizes for juggling, so I spent hours juggling and trying to reach those goals. We got something for 25 juggles, something else for 50, and on up. What that really taught me was the importance of time on the ball. When you love the ball, the skills and confidence follow.

What advice would you give a first-time AYSO coach?First of all, I'd tell them they're not going to be an expert right away! They can read all the books in the world about the technical skills, but the most important thing is to create an environment where the kids feel comfortable and it's fun to learn. You don't have to turn them into an Abby Wambach or Landon Donovan...just let them have fun and love playing soccer!

Brian Ching



**Houston Dynamo, U.S. National Team
Forward**

Member of 2006 World Cup squad, three-time MLS champion

Age started playing soccer: 7

Number of years in AYSO: 5 years

Favorite coach and why: My mom. She told my brothers and I that we had to play a sport and suggested soccer. I told her I would play if she coached me. So she did! I remember her reading the AYSO manuals on the way to work as well as practices. She fell in love with the game and started to play soccer herself in a women's league.

Memories of AYSO: The friendships I made. I still have friends who were on my first AYSO team back in Hawaii. The pure excitement and joy of running around and playing soccer with my friends is something I'll never forget. I was always a competitive kid and I remember crying after every loss. When my mom was coaching me, I remember her having to console me after every game we lost.

On playing for the U.S. National Team: Every kid dreams about becoming a professional soccer player and playing for your country. It's the ultimate goal and the World Cup is the ultimate tournament.